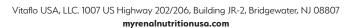
### RENAL FRIENDLY SNA(K IDEAS

When a child has kidneys that aren't working well, they may not feel very hungry. Finding a balance between eating small amounts throughout the day and "grazing" can be a challenge. Consider using snacks as "mini meals" to support adequate nutrition intake.

Here are a few ideas you may want to try:

## (RUN(HY SNA(KS







#### SNA(K IDEAS WHEN FOLLOWING A RENAL DIET

# SWEET SNA(KS





### SNA(K IDEAS WHEN FOLLOWING A RENAL DIET

## SAVORY SNA(KS



Always check with your dietitian regarding which foods you can have and which foods you should limit in your diet. Everyone's needs are different.

